



Spiritual Assessment Tool

Thank you for taking the time to fill out the spiritual assessment tool. We are aware that these questions probe deeply and it is our prayer that this tool helps to encourage you in your faith and to help you grow deeper in your love for Christ.

All of these questions flow from and are designed to point to the following four pillars:

1. **Joyfully Treasuring (Jesus)** ("Greatest Commandment" Matthew 22:37-38)
2. **Genuinely Loving (Each Other)** ("Second Greatest Commandment" Matthew 22:39)
3. **Actively Reaching (People in Our "Worlds" and Around the World with the Gospel)** ("Great Commission" Matthew 28:16-20)
4. **Passionately Equipping (The Saints for The Work of the Ministry)** (Ephesians 4:11-13)

We believe that these four pillars are what we want our lives to reflect as Christ followers and they are the vision for The Field Church. Our prayer is that these four pillars are the focus as you utilize this tool to assess yourself and one day to assess others when you disciple them. We believe that as we do and become these four pillars we bring the most glory to God!

Testimony: In 1-2 paragraphs, write out your testimony by answering the following:

1. What was life like before knowing Christ?
2. When did you receive Christ and what were the truths you heard and believed about Christ?
3. How have you changed since receiving Christ?

- iii. Praising and thanking God for who He is and what He has done in your life?
 - iv. Requesting God's help for your needs and others' needs?
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4. How often do you meditate during the day on God's truths?

5. How much do you practice applying God's truths to your day-to-day life?

6. How often, when you realize that a belief you have goes against the principals and commandments of the Bible, do you repent and change?

7. Do you primarily go to church to be invested in or do you see it as a place that God can use you to invest in others?

8. Do you understand how God has gifted you and how to use those gifts to build up your local church?

9. Have you ever served in a church before? If so, what areas?

10. What is your view of your finances? Do you see your money as your possession that you earned or do you see your money as God's that He has given to you to steward for His glory and purpose?

11. What does it mean to give tithes and offerings to The Lord? Do you worship God through faithfully giving your tithes and offerings?

Attitudes of the Heart:

1. Do your actions demonstrate a desire to build God's kingdom rather than your own?

2. Do peace, contentment, and joy characterize your life rather than worry and anxiety? If not, what are the thoughts and beliefs that cause the worry and anxiety?

3. Do you believe that your prayers impact your life and the lives of others? Do you pray as if you believe that?

4. Do you regularly admit your errors in relationships and humbly seek forgiveness from the ones you have hurt?

5. Do you regularly forgive others when their actions harm you?

6. Where do you find your worth?

7. What do you regularly desire from others?

8. What are your plans, and intentions designed to accomplish?

9. Where do you find refuge & safety?

10. Where do you find comfort and security?

11. Where do you find pleasure and escape?

12. What do you see as your rights as a person? What do you feel entitled to?

Making Disciples:

1. Have you ever been discipled before? If so, explain your experience and what you learned through that process.

2. How many friends do you have that do not have a relationship with God through Christ?

3. How often do you spend intentional time in environments with people who do not have a relationship with God through Christ?

4. Do you keep a mindset of flexibility that allows for relational interruptions with people around you (co-workers, neighbors, people at the gym, park, coffee shop, etc.) to build new friendships with people who do not have a relationship with God through Christ?

5. How regularly do you pray for those around you who do not have a relationship with God through Christ?

6. Can you explain the gospel in a few sentences?

7. If you had an opportunity to share the gospel, do you feel confident you can share clearly?

Sowing of Seeds:

Read: Matthew 13:1-9, 18-23

1. **Danger: Hard Ground (Path)**

- a. This represents those who hear the gospel but show no interest. For those who are in your world that do not seem to have an interest in the gospel you should pray for God to soften their hearts for the gospel.

2. **Danger: Rocky Ground**

- a. Do you find it hard to walk with God when things aren't going your way?

b. Do you feel that God should bless you based on your good works?

c. Do you expect prosperity and a good life but struggle to love God during trials? _____

3. Danger: Thorns

a. How much of your time is spent reading, watching and listening to things that perpetuate worldly ideas, thoughts and fears?

b. Do you have deep friendships with others who love Jesus or are your closest friends and advisors lost?

c. Do you try to control, manipulate and/or manage the world around you rather than trust God's control and care for your life? What do you utilize in order to try to control, manipulate, and/or manage (money, friendship, success, etc.) _____

❖ The two greatest dangers that cause people to fall away from following Christ are when we don't get what we want, when we are faced with hardships, and/or persecution (Rocky Ground) or over a period of time being choked out by wanting what the world has to offer more than Christ (Thorns). Which danger (Rocky Ground or Thorns) are you prone to choose? How can we help you grow and stay in rich soil?



Using the Spiritual Assessment Tool to Create a Vision Plan

The Spiritual Assessment Tool is designed to gauge where a person is at in their walk with the Lord, especially in the areas of the **spiritual disciplines** (prayer, Bible reading, fasting, giving, and serving), **heart attitudes** (beliefs about reality that affect our thoughts, feelings, and actions), and **multiplication** (making disciples).

The questions in each area (**spiritual disciplines, heart attitudes, and multiplication**) are designed to reveal areas of potential growth for our disciples.

If we can identify areas of potential growth, then we can help our disciples take steps to see four pillars of our Church realized in their lives:

1. **Joyfully Treasuring (Jesus)** ("Greatest Commandment" Matthew 22:37-38)
2. **Genuinely Loving (Each Other)** ("Second Greatest Commandment" Matthew 22:39)
3. **Actively Reaching (People in Our "Worlds" and Around the World with the Gospel)** ("Great Commission" Matthew 28:16-20)
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Once we identify areas of potential growth, we can create a **Vision Plan** ("This is the current reality for our disciple" (Point A), "this is our goal for them in 1 year" (Point B), and these are practical steps to get from (Point A) to (Point B).

Sample Vision Plan:

Category	Current Reality	Practical STEPS	GOAL (1 year from now)
Spiritual disciplines	Reads Bible 1-2 times per week. Prays 3 times per week. Inconsistent Church attendance. Rarely reflects on Spiritual things day-to-day. Knows she should do more but is often "Too Busy" for time with God.	<ol style="list-style-type: none"> 1) Begin Daily Bible reading (15 min daily) + New Morning Mercies as an aid for busy days. OR, Begin John Study or Ephesians Study (at their own pace). 2) Write a daily bible verse from the text on a notecard to carry around and begin meditating on the Word. 3) Signup for a community Group 4) Begin serving on Hospitality Team 	Takes PLEASURE in spending time in God's Word daily. Prays frequently: Adoring God, Confessing her Sin, Thanking Him, and for the needs of those around her. Is Memorizing her favorite passages of Scripture. Faithfully Serving in a biweekly role at Church. Involved in a Community Group.
Heart Attitudes	Frequently feels anxious about the wellbeing of her Children. Desires the approval of her peers but feels like she must continually put up a façade to show that she is a competent mother. Struggles trusting God with the safety of her family.	<ol style="list-style-type: none"> 1) Go through the Attributes of God Study "Seeing His Splendor" 2) Teach her the heart Diagram (Reference Chad's Biblical counseling sermons) 3) Read an X-ray question each meeting. 	Trusting the Lord with the safety and security of her children. Finding satisfaction in God's approval of her in Christ.
Multiplication	Spends most of her free time with women from Church. Doesn't have many friends that aren't Christians. Doesn't feel equipped to share the Gospel.	<ol style="list-style-type: none"> 1) Begin praying to meet other women/mothers in her neighborhood, exercise class, and on children's sports teams. (Prayer and effort towards 1-2 new relationships per week) 2) Ask a Non-Christian friend a spiritual question each week in hopes of a gospel conversation. 	Sharing her testimony and the gospel with new lost friends, beginning to disciple other women, and has a reservoir of lost friends that she is continually praying for and inviting into her life.

1. Make a List of what characterizes your disciple's Current spiritual Reality.
 - a. What are their current issues? Areas in need of growth?
2. Use our Four Pillars and "the Process for Multiplication Discipleship"(3 Phases) to envision and list Characteristics of your disciples future walk with the Lord.
 - a. List Goals for your disciple; envisioning them as a mature disciple, what would their life look like?
3. Brainstorm practical steps to help them get from their current spiritual reality to Phase 3, being a mature disciple.
 - a. Your list should be comprised of both larger goals (ex: Complete the John Study) and smaller goals (ex: pray every day this week, or, build one new friendship this week).
 - b. If you need assistance in this, don't hesitate to reach out to your discipler or someone with more discipleship experience.
4. Share your vision plan with your disciple and begin to implement steps/assign homework.
 - a. Give them a vision for what their life could look like if they learned to treasure Christ, love the Church, and reach their neighbors with the Gospel.

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